

BESTWAY
LEAFLET
No. 436

Polo Neck
PULLOVER

3^d



● Designs by "Finella,"

Knitting Expert of WIFE and HOME Magazine

A POLO NECK IS POPULAR

For a man in the Forces or the Civil Defence Services this is the ideal knitted "comfort." It is worked in a very easy ribbed stitch

MATERIALS

Eleven ounces of "Golden Eagle" Polynit Fingering de Luxe, 4-ply; a pair of No. 8 knitting pins; a set of four No. 11 needles with points at both ends.

MEASUREMENTS

Length from shoulder, 22 ins.; round chest, 40 ins.; sleeve seam, 21 ins., including cuff.

TENSION

6 sts. and 9 rows to 1 in. when slightly stretched as in wear. (This is a very elastic stitch.)

ABBREVIATIONS

K., knit; p., purl; st., stitch; inc., increase by working twice into the same st.; dec., decrease by working 2 sts. together.

THE BACK

USING two No. 11 needles cast on 120 sts. and work in k. 1, p. 1 rib for 4 ins., working into the backs of the sts. on the first row. Change to No. 8 pins and the following pattern:

1st row: K.

2nd row: K. 2, * p. 2, k. 4; repeat from *, ending p. 2, k. 2.

When work measures 14 ins. from the beginning, shape the armholes by casting off 6 sts. at the beginning of the next 2 rows and dec. at both ends of the following 6 rows (96 sts.).

Continue straight in pattern till work measures 21 ins. from the beginning.

Shape the shoulders by casting off 8 sts. at the beginning of the next 8 rows. Place the remaining 32 sts. on a holder.

THE FRONT

WORK as for the back until work measures 19½ ins. from the beginning, then shape the neck.

Next row: Work across 40 sts., turn and place the remaining sts. on a holder.

Continue on the sts. on the pin and dec. at the neck edge of the next 4 rows and then at the same edge of the following 4 alternate rows. Now shape the shoulder by casting off 8 sts. at the beginning of the next 4 rows which start at armhole edge.

Return to the sts. on the holder. Place the first 16 sts. from neck end of row on a safety-pin and work the second shoulder on the remaining 40 sts. to match the first.

THE SLEEVES

USING two No. 11 needles cast on 54 sts. and work in k. 1, p. 1 rib for 4 ins., working into the backs of the sts. on the first row.

Change to No. 8 pins and the pattern and inc. at both ends of every 6th row until there are 96 sts. on the pin. Continue straight till the side edge of work measures 21 ins., then shape

the top by casting off 6 sts. at the beginning of the next 2 rows and dec. at both ends of every following row until 12 sts. remain. Cast off.

Work another sleeve in the same way.

THE COLLAR

JOIN the shoulder seams, then with the set of four No. 11 needles pick up the sts. round the neck (including those on the stitch-holder and the safety-pin), working twice into every fourth st. (There were 116 sts. on original model.)

Work in k. 1, p. 1 rib for 6 ins. Cast off loosely, using a No. 8 pin.

TO MAKE UP

PRESS the work lightly on the wrong side with a hot iron over a damp cloth. Sew the sleeves into the armholes and join the side and sleeve seams. Press all seams.



WELL-FITTING SOCKS

"Sister Susies" will appreciate this straightforward pattern for a man's ribbed socks. The heels and toes are reinforced with mercerised cotton

MATERIALS

Four ounces of Golden Eagle Standard Fingering, 4-ply; a set of No. 13 sock needles; some mercerised sewing cotton for strengthening the heel and toe.

MEASUREMENTS

Length of leg, to bottom of heel, 15 ins.; length of foot, 10½ ins., or as required.

TENSION

8½ sts. to 1 in.

ABBREVIATIONS

St., stitch; st-st., stocking-stitch; k., knit; p., purl; tog., together; s., slip.

CAST on 84 sts. (28 on each of 3 needles) and work 3 ins. in k. 1, p. 1 rib. Now commence the leg in the wider rib.
1st round: K.

CCHECK up on your tension—see overleaf.

2nd round: * K. 6, p. 1; repeat from * all round.

Repeat these 2 rounds for 3 ins., finishing with a k. round.

Next round: K. 2, k. 2 tog., k. 2, p. 1, rib till 7 sts. remain, k. 2, k. 2 tog. in the backs, k. 2, p. 1.

Work 5 rounds in pattern, keeping the ribs correct where the shaping was made. The two ribs at the back of the sock now have k. 5 instead of k. 6.

Next round: K. 5, p. 1, k. 2, k. 2 tog., k. 2, p. 1, rib till the last 2 ribs remain, k. 2, k. 2 tog. in the backs, k. 2, p. 1, k. 5, p. 1.

Work 5 rounds in pattern, keeping the ribs correct.

Next round: (K. 5, p. 1) twice, k. 2, k. 2 tog., k. 2, p. 1, rib till 3 ribs remain, k. 2, k. 2 tog. in the backs, k. 2, p. 1, (k. 5, p. 1) twice.

Continue in this way, decreasing on every 6th round in the two ribs nearer the front each time, until all the ribs are k. 5, p. 1 (72 sts.). Continue in the rib until the leg measures 12 inches from the beginning, finishing with a ribbed round.

Now work the heel as follows: K. the first 18 sts. on one needle. S. the last 19 sts. of the round on the same needle. Arrange the remaining 35 sts., which are for the instep, on two needles, and leave them for the present. Continue with the 37 heel sts., and use cotton together with the wool for strengthening.

Work 33 rows in st.-st. (1 row p., 1 row k.), slipping the first st. of every row.

IS YOUR TENSION RIGHT?

If the finished results of your knitting are to be satisfactory it is most important that you should work to the tension given at the commencement of the instructions. Cut out the 1-inch square shown on the left (using a razor-blade and ruler for accuracy), and it will be quite easy to count the stitches and rows within the square hole thus made.

If you get too many stitches to the inch you are a tight knitter and should use larger pins. If you get fewer stitches, use smaller pins.



Next row: S. 1, k. 23, k. 2 tog. in the backs, k. 1, turn.

Next row: S. 1, p. 12, p. 2 tog., p. 1, turn.

Next row: S. 1, k. 13, k. 2 tog. in the backs, k. 1, turn.

Continue in this way until all the sts. are in one row, and there are 25 heel sts. Place the instep sts. on one needle and discontinue the cotton.

— K. 12 heel sts. on one needle. With another needle k. the remaining 13 heel sts., and pick up and k. 17 sts. along one side of the heel. This is the 1st needle.

K. the 35 instep sts. for the 2nd needle. With the 3rd needle pick up and k. 17 sts. along the other side of the heel, and k. the first 12 heel sts.

Next round: 1st needle: K. 2nd needle: Rib. 3rd needle: K.

Next round: 1st needle: K. till 3 sts. remain, k. 2 tog., k. 1. 2nd needle: K. 3rd needle: K. 1, k. 2 tog. in the backs, k. to the end.

Repeat the last two rounds until there are 37 sts. in all on the 1st and 3rd needles. Continue straight, ribbing the 2nd needle until the foot is 2½ ins. less than the required length.

Now shape the toe as follows: Place the 1st st. of the 3rd needle on to the 2nd needle. Now there are two sets of 36 sts. Use cotton with the wool again.

Next round K. all round.

Next round: 1st needle: K. till 3 sts. remain, k. 2 tog., k. 1. 2nd needle: K. 1, k. 2 tog. in the backs, k. till 3 sts. remain, k. 2 tog., k. 1. 3rd needle: K. 1, k. 2 tog. in the backs, k. to the end.

Repeat these 2 rounds until the 2nd needle has 12 sts., and the 1st and 3rd needles together have 12 sts.

Now k. the sts. of the 1st needle on to the 3rd needle and either graft together the two sets of 12 sts., or cast them off in pairs, taking 1 st. from the front needle together with a st. from the back needle.

Make the second sock in the same way. Press them under a damp cloth.